



Grow Well Live Well Bulletin

MARCH EDITION 2018

GROW WELL LIVE WELL - PALMERSTON WORKING TOGETHER FOR THE WELLBEING OF CHILDREN AND YOUNG PEOPLE



Grow Well Live Well

UPDATE

Welcome to the first Grow Well Live Well (GWLW) bulletin for 2018. You may not have heard from GWLW for a while, but it doesn't mean we have been sitting on our hands. We've been busy getting ready for 2018 and getting ready for action. At the end of 2017 we learned that our submission for funding to the Northern Territory Government (Territory Families) was successful. We now have funding for 5 years to continue the work of making Palmerston a great place for children and young people.

For those of you who are new to Grow Well Live Well, we are a group made up of community and government organisations who are working collaboratively with the community and focusing on improving the lives of children and young people in Palmerston. We are using a new way of working which is called Collective Impact and this simply means that we agree on the same goals, don't duplicate programs and support each other's efforts.

In 2016 we released a **Palmerston State of the Children Report** which



told the story through community input and available data of how the children and young people of Palmerston are doing and identified some areas for action. In 2017 we talked to community members, groups and

organisations to find out what are the most important issues that we should focus on. There were lots of suggestions but the 3 that had most support were Family Violence, Youth Mental Health and Wellbeing and Property Crime.

In response to this the GWLW Leadership Group has created three Action Groups that will include

community members, Government and Community organisations, to look at what is happening in Palmerston and how we can build on the good things and develop ways to address the 3 priority areas. The Action Groups are 'Working with Community', 'Empowering Parents and Families' and 'Service Delivery'. GWLW particularly wants to encourage community members to join the Action Groups to contribute their knowledge, ideas and skills so that the work of GWLW is truly community driven and owned. More information about the groups is available on page 2 of this bulletin.

One of the first actions of GWLW this year is to recruit an Executive Officer (*the position outline can be found on page 4*) who will assist the Leadership Group and the Action Groups. The Executive Officer with the Leadership Group will help recruit two other team members to work closely with the Palmerston Community in ensuring that the voice of those who live in Palmerston, including children and young people guide GWLW and the Action Groups.

If you would like more information or are interested in working with the Action Groups, email grow_well_live_well@outlook.com





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DID YOU KNOW? Schools in Palmerston have about five times more Aboriginal and Torres Strait Islander students than most schools around Australia. This creates opportunities for shared understanding about Indigenous people, their cultures and history.

WANT TO GET INVOLVED?

GWLW are seeking community participation in all of our action groups. If you are a community member with lived experience, a member of Palmerston's business community, a community service organisation representative or an industry expert and are interested in being involved, please contact our Grow Well Live Well Leadership Group via grow_well_live_well@outlook.com



[CLICK HERE TO DOWNLOAD THE STATE OF THE STATE OF THE CHILDREN REPORT](#)

ACTION GROUPS

WORKING TOGETHER WITH COMMUNITY

The Working Together with Community Action Group aspires to be the conduit between community voice and the GWLW Action and Leadership Groups. This group hopes to create a platform for community members and organisations to meaningfully connect and share information.

EMPOWERING PARENTS AND FAMILIES

The Empowering Parents and Families Action Group aims to elevate the role of families as the primary influence in the lives of young people and develop strategies for families to use to assist their children to thrive.

SERVICE DELIVERY

The Service Delivery Action Group aims to create a support system for children, youth and families that is accessible, coordinated and responsive to community needs. In addition to increasing the number of willing and capable volunteers to work with youth and families.

ORGANISATIONS REPRESENTED THROUGH GROW WELL LIVE WELL INCLUDE:

Australian Red Cross, City of Palmerston, Department of Education, Child Australia, Early Childhood Australia, Families and Schools Together (FAST NT), Larrakia Nation Aboriginal Corporation, Northern Territory Primary Health Network, Save the Children, Anglicare, The Smith Family, Territory Families and Department of Chief Minister.



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What is HIPPPY?

The Home Interaction Program for Parents and Youngsters (HIPPPY) is a two-year, home-based early childhood learning and parenting program that empowers parents and carers as their child's first teacher.

HIPPPY is a free two-year early learning program.

HIPPPY empowers carers as their child's first teacher.

HIPPPY helps children make a successful transition to school and beyond.

In the first year of HIPPPY, the year before school begins, families learn skills to get their children ready for school.

In the second year, parents learn more about supporting their children's learning and development at school and at home.

Families spend 10 to 15 minutes a day doing educational activities with their children.

A trained HIPPPY Tutor meets with the family to practice HIPPPY activities.

**Families together
on a learning
journey.**

Benefits of HIPPPY?

- Helps you as your child's first teacher
- Helps children to be ready for school
- Builds self-esteem and confidence
- Families have fun learning together
- Strengthens links to your community

HIPPPY is supported by research that shows that children's most powerful learning comes from their family, and that getting a strong start at school sets children up for life.

*"I love HIPPPY because it
helps me feel clever
at school!"*



What HIPPPY families get

- Free HIPPPY storybooks and activity packs for all HIPPPY children
- A regular time with a HIPPPY Tutor
- Invitations to community events and HIPPPY Group Meetings
- Training and learning opportunities

*"I have learned so much about
how to teach my child
from HIPPPY"*



HIPPPY is run in 100 locations around Australia.
hippyaustralia.org.au

Speak to someone at your local HIPPPY

HIPPPY PALMERSTON

8944 5400

megan.caswell@savethechildren.org.au

The Home Interaction Program for Parents and Youngsters is funded by the Australian Government.
The Brotherhood of St Laurence holds the licence to operate HIPPPY in Australia.
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HOME INTERACTION PROGRAM FOR PARENTS AND YOUNGSTERS



Let's Read -
a program to promote reading with young children (0-5 years)



Training Day

Friday 6th April
8.30am -12.30pm

The Smith Family Boardroom

Nightcliff

Brunch & Resources Provided



All Enquiries Please Contact:
Clare McVeigh at The Smith Family
ph 89856841



Helping young Australians in need to
build better futures through education.

thesmithfamily.com.au



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Grow Well, Live Well

Palmerston working together for the wellbeing of
children and young people

Executive Officer

In this full-time, permanent position, based in Palmerston you will lead and develop the backbone team, facilitating the collective success of the initiative and serving as a Champion of the Grow Well Live Well project in the Palmerston community. You will be part of our GWLW Collective Impact Project team.

You will make an impact by:

- Coordinating planning, design, and development of community strategies
- Providing leadership, support and supervision
- Networking and building relationships with a range of stakeholders
- Assisting with preparing proposals for the development of new projects

This role requires:

- Tertiary qualification/s in Social Work, Human Services or Social Science or equivalent experience
- Proven experience in leadership and project management
- Demonstrated experience working in a complex and diverse community development environment
- Highly developed verbal and written communication skills

For more information, visit: www.savethechildren.org.au/about-us/careers
or contact the Randall Cook on 08 8999 3566 or 0427 325 671
or email human.resources@savethechildren.org.au

Apply through the website by Tuesday 3 April 18.

We encourage people from Aboriginal and Torres Strait Islander backgrounds to apply.

In partnership with

